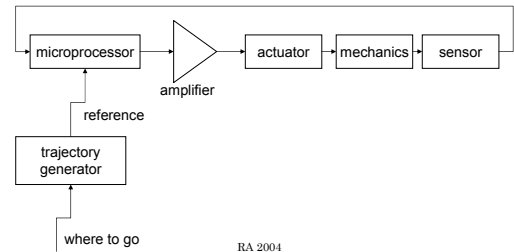


Robotica Antropomorfa

Lezione 8

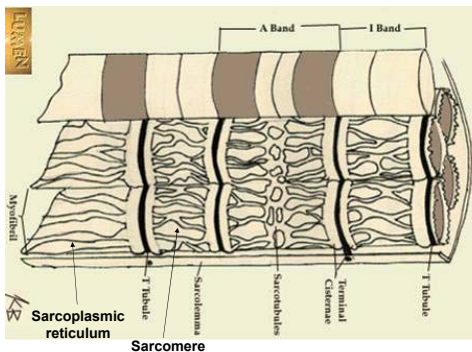
OS 2003

Back to the global view



RA 2004

Muscle functioning

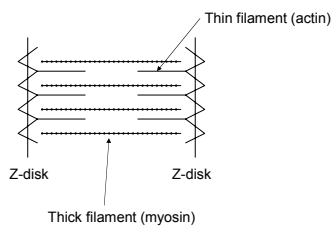


Composition

- Muscles: consist of muscle fibers
- Fibers: cells
- Cells: contain myofibrils
 - That contract in response to neural or electrical stimuli
- Cylindrical elements (sarcomere)
 - Smallest contractile elements

RA 2004

More in details



RA 2004

How force is generated

- Cyclical interaction between actin and myosin molecules
 - Forming cross-bridges → conformational change of the myosin heads
 - Access of the attachment sites (e.g. where the myosin attaches to the actin filament is regulated by ATP and Ca ions
 - This is called the “sliding filament theory of muscle contraction”

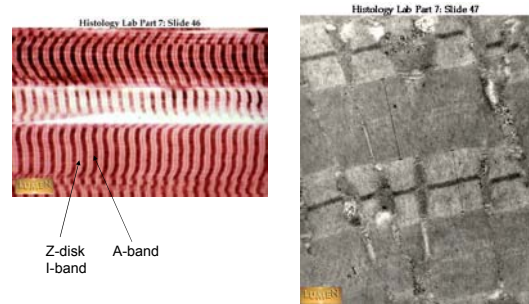
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In addition

- The action potential (control signal) needs to spread all along the fibers, otherwise contraction of a part would disperse along the slack sarcomeres

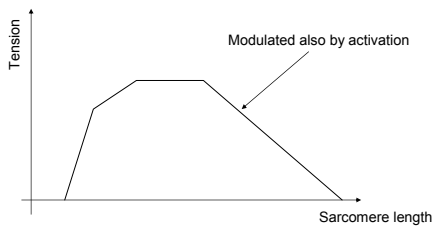
RA 2004

A few pictures



RA 2004

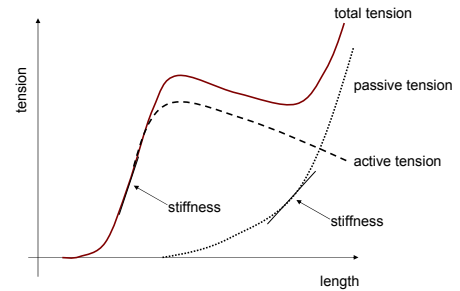
Characteristic of muscles



- Isometric (static), consistent with the sliding filament theory (linear because it's a function of the number of sites that can bind)

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Measuring the muscle's characteristic



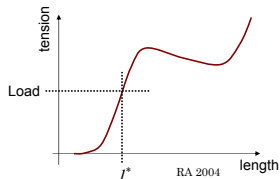
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Stiffness

- Derivative of force/tension over length

$$\frac{dF}{dl} \quad F = k(l - l_0) \Rightarrow k$$

- Equilibrium point



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If the muscle is in motion...

- Changes the number of cross bridges, we get a different set of curves (dependence of the derivative of the length)
- Filtering effect of Ca kinetics:
 - Action potential 1-3ms
 - Single muscle twitch 10-100ms
 - Twitches fuse, forces summate

RA 2004

Motor unit

- A motor neuron innervates many fibers
 - number of fibers/number of motor neurons
→ innervation ratio
- 10 → finer control (eye muscles)
- 100 → hand muscles
- 2000 → leg muscles (big)

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Different types of fibers

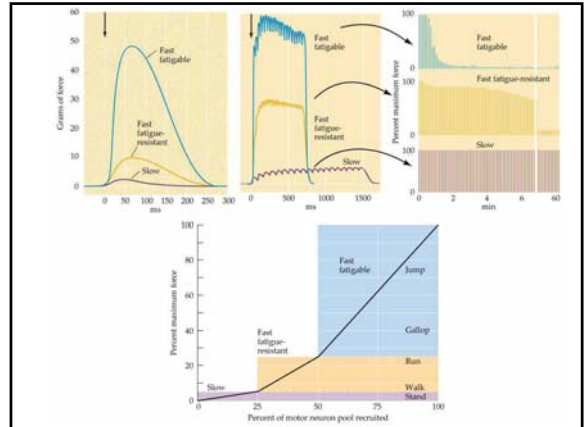
Fast fatigable	Slow fatigue resistant (1-10% of total force)	Fast fatigue resistant
Few mitochondria (ATP) Anaerobic glycogen (for energy)	Oxidative metabolism More mitochondria Low rate of ATP consumption	In between the fast and slow
100 times more force		
Periphery of muscle (do not consume much)	Central part (more blood, more oxygen)	
Ocular muscle (mostly fast)		

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Moreover...

Fast fatigable	Slow fatigue resistant (1-10% of total force)	Fast fatigue resistant
Diameter and conduction velocities are greater for fast fibers	Lower frequency	
Higher frequency		

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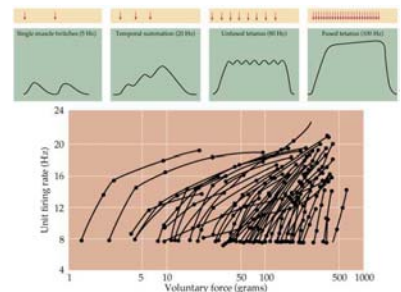
How force is graded (control)

- Recruitment
 - Size principle (Henneman)
 - Fixed order: small first [slow units], then intermediate, and fast fibers at last
 - In principle similar to Weber's law (small forces, more graded)

RA 2004

Second method

- Firing rate: higher frequency → more force



Same equilibrium point, different muscular activation

- Reciprocal activation
- Co-contraction
- If the model is known (e.g. the load, limb parameters, etc.) reciprocal activation is better

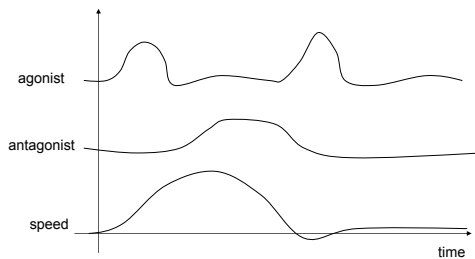
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Low-pass behavior

- Empirically measured
 - Sinusoidal stimulations, measure the force
- The muscle behaves as a low pass filter of the neural input

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Three-phasic activation



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Receptors

- Spindles
 - Sensitive to position and speed
- Golgi tendon organs
 - Sensitive to tension

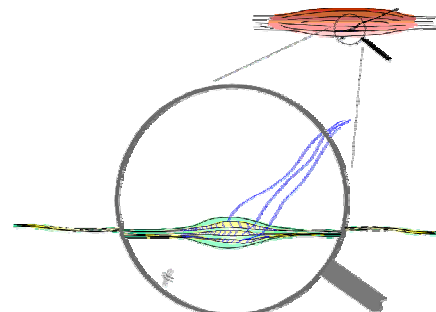
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Spindles

- They are muscle fibers:
 - Innervated by afferent fibers
 - Two types of afferents:
 - Group Ia
 - Group II
 - Innervated by motor neurons (called γ motor neurons)

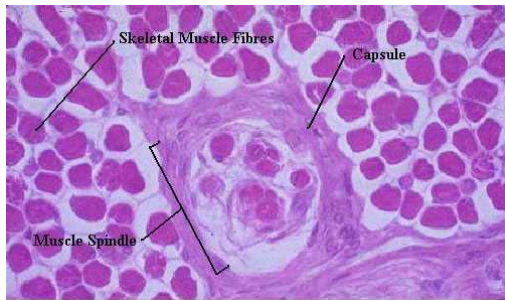
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Spindle schematics



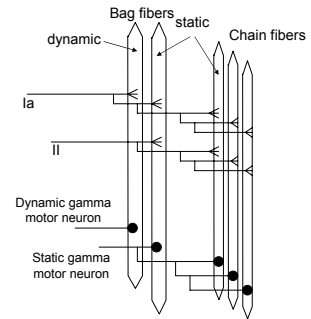
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For real



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Schematics of innervation



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Responses

- Ia → dynamic, sensitive to the rate of change of stretch
- II → static, sensitive to stretch per se
- γ motor neurons innervate spindles
- α motor neurons innervate contractile fibers

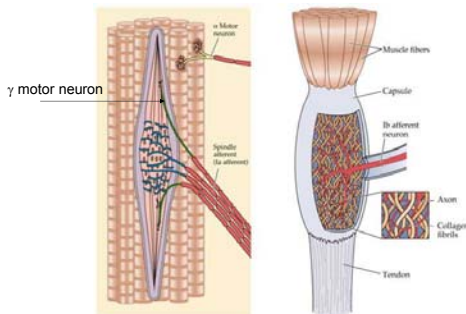
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In mammals

- γ and α control are separate
- In practice, the sensitivity of the sensor can be controlled!
- Also, sensitivity to speed and position can be modulated separately (e.g. depending on behavior)

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Golgi tendon organs (right)



Golgi tendon organs

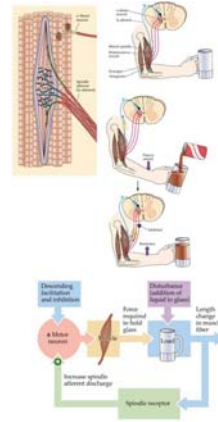
- Measure tension
- Afferent fibers are called group Ib
- Can build a feedback loop to maintain a certain tension

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Pattern of control

- α - γ co-activation → to maintain spindles in range
- α - γ separate control → depending on behavioral context
 - Passive → high dynamic, low static
 - Walk → low dynamic, high static
 - Dynamic is needed when position might change unpredictably

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Muscle tone – stretch reflex

- Negative feedback on the spindle signal
- Goal: maintain posture in spite of external disturbances
- See previous slide

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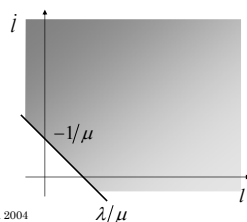
More biologically inspired control

- From muscle functioning to control
- Can trajectories (straight and bell-shaped velocity profile) be generated by simple neural commands?

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λ model of motor control

- α motor neurons
 - change of threshold length (λ) for recruitment (activation of a muscle/fiber)



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Muscle activation

$$A = |l - \lambda - \mu l|^+ \quad |x|^+ = \begin{cases} x & \text{if } x > 0 \\ 0 & \text{if } x < 0 \end{cases}$$

- μ is the relative measure of spindle's primary vs. secondary gain (damping) – in reality it could be another control parameter
- λ is the control variable
- l is the length

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More...

$$A = |l(t-d) - \lambda(t) - \mu \dot{l}(t-d)|^+$$

- d is a delay of about 25ms

$$\tilde{M} = \rho[\exp(cA) - 1]$$

- ρ, c are two fitting parameters
 - ρ represents a scaling (size of muscle)
 - c represents the recruitment (speed of activation of different fibers)

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Further...

$$\tau^2 \ddot{M} + 2\tau \dot{M} + M = \tilde{M}$$

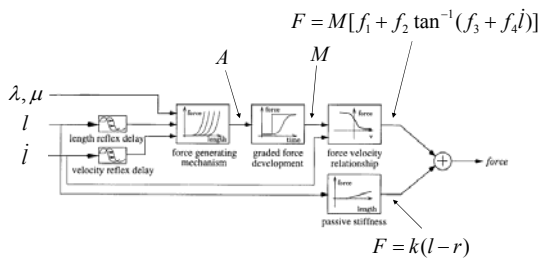
- Filtering effect due to calcium kinetics

$$F = M[f_1 + f_2 \tan^{-1}(f_3 + f_4 \dot{l})] + k(l-r)$$

- Actual dependency on speed and length (reflexes) modeled as a sigmoid plus a linear function

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Model of muscle activation



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Two classes of commands

- R → reciprocal activation
- C → co-contraction
- R, C can be used to compute the λ s
- Clearly to set λ s exactly we need to have a knowledge of muscles' geometry and forces
- Hypothesize that R, C can be simple enough to generate nice trajectories

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Changing R and C

- Changing R and C for various muscles changes the equilibrium point of the limb
- EP hypothesis
 - To control the limb position the brain has “only” to move the EP to the desired position following a certain profile
 - Depending on the stiffness (of the limb) the actual trajectory will be close (or not that close) to the EP trajectory

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